



## Our Relationship is Confidential

As our client(s), you have the right to confidentiality with respect to the therapy and all other aspects of our communication, including intake forms, emails and appointment scheduling. This means that without prior consent from you (or, if you are under the age of 18, from your parent or guardian), we are not permitted to have conversations about you with others.

Note, that when you completed your Intake Form on our website, you were informed of this policy

Because we provide holistic care for our clients, we may ask you to allow us to speak to other people with whom you are consulting such as psychiatrists, pastors, psychotherapists, school counsellors, occupational or speech therapists. For our clients under 18 years of age, we may also ask you to sign a waiver so that we can speak with your parent(s) or guardian(s).

There are a few exceptions to confidentiality that we would like you to know about. The exceptions are:

- If you ask us to send information to another professional (e.g. your physician) we will ask for your signed release to do so.
- If you were referred by your physician or other professional, we will ask you to send a note or speak to him or her indicating that you are working with us.
- We are legally required to tell the Ministry of Children and Families if we should learn of a child being abused or harmed in some way.
- We are legally required to report a circumstance when someone's life is in danger.
- We are legally required to comply with a subpoena to appear in court or to provide written notes and related documents to the court.
- If we are working with a couple or working with family members together, confidentiality can be somewhat complex. This is discussed with you personally.
- We may consult with another professional (or group of professionals) about our work together, but in this case your name and other identifying information is not used.

Gloria Lee follows the ethical guidelines of the BC Association of Clinical Counsellors regarding client confidentiality and other matters of therapeutic ethics and registered as a clinical counsellor in BC.

Be assured that we will take every measure possible to guard your name, reputation and integrity. We will treat you honorably and respectfully in all our transactions.

If you have any questions about confidentiality, you may ask us about this at any time.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_